

Ship Community Outreach  
105 E. Lee St.  
Raleigh, NC 27601

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SPEECH TEXT

The War Against Hunger  
Anna Pickens, Speaker

According to the U-S Census Bureau, nearly 34 million Americans go to bed hungry every night. That figure includes 12 million children. In a country full of resources, no child should have to worry about food. No child should have to fight hunger pains as they struggle to pay attention in school. No child should be developmentally stunted because of a lack of nutrition.

These are the struggles that our neighbors, our friends and our community members face today. It's up to us to fight for them and fight against food insecurity.

At Ship Community Outreach, we aim not only to end hunger in our community but empower community members

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in the process. We tackle this through two main initiatives: the Galley Grocery subsidized grocery store and the Bread of Life food distribution center. Galley Grocery provides low-cost, healthy food to Raleigh residents in food deserts. Bread of Life provides 36 thousand loaves of donated bread each month at no cost to those in need. The programs work in tandem to fight food insecurity and provide Raleigh residents with healthy and reliable options.

Bread of Life serves 24 thousand individuals monthly, and Galley Grocery provides for the entire South Park community. These initiatives cannot be maintained without support.

One hundred dollars will supply a woman with food and hygiene products for one week. Although that might not sound like much, that is one week of that woman's life where she is fed and comfortable. Imagine how life changing that one week

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could be. Five hundred dollars provides grocery vouchers for ten families for a week. Those ten families include dozens of lives. Much smaller donations add up and make a world of difference.

Not only do financial contributions help make tangible impacts, they show members of the Raleigh community that people care about them. People see them. People recognize their needs and want to help them. That's priceless.

Another priceless contribution is time. Please join me and the Ship Community Outreach team in donating your time to these families. Volunteer to pass out bread during community events. Drive a delivery truck, pack outreach bags, or help to organize the warehouse. Talk to community members, or mentor children. If you want to get involved, there are infinite ways to do so.

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Please visit [ship-outreach-dot-org](http://ship-outreach-dot-org) to find donation and volunteer opportunities. Again, that's [ship-outreach-dot-org](http://ship-outreach-dot-org).

Together, with our energy, resources, and time, we can make a difference. Not only will our efforts impact this generation, but we will create a ripple that will benefit future generations for years to come. It is up to us to support the future doctors, the future parents, the future teachers and the future leaders. We cannot wait. Thank you.

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